



TO THE BAKEWELL COMMUNITY

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Many thanks to all the people who have contributed to this edition

Featured organisations: St, John's Hospital-Alms House, Bakewell Churches, Buxton Food Bank, Bakewell Town Hall, Bakewell Rotary, Bakewell Area Asylum Seekers and Refugees, Christian Aid, Bakewell U3A Craft Group, Pilates

Individual Contributors: Canon Tony, Joan Carr, Anne Shimwell, Juliet Peel, Margorie Gregory, Roger Truscott, Christine Franklin, Sheila Sidebottom, Patrick Coleman

The Message

Dear Friends

Despite, as I write this, we are once again in lockdown and there is still a degree of uncertainty as to how the future will unfold, due to the vaccines being rolled out within our community, we can begin to look towards the horizon and start imaging what we would like to do once social distancing etc begins to be relaxed, hopefully around Easter. May your abiding resolution be for the first quarter of the year at least that you will remain faithful, hopeful and as positive as you can be that we will emerge together into the light, as we continue to pray for all who are striving to protect and save lives.

We have learned a lot about ourselves and our community over the last ten months and this has centred itself on the recognition that as human beings we are not invincible, but also that in the midst of adversity, there is in many people a desire to reach out and support and care for their neighbour, whether they know them or not. This has been seen and appreciated within our local communities in and around Bakewell with people, despite their own concerns, looking out for each other and offering practical help, goodwill and support that enabled others not to feel isolated or alone.

We may be eyeing holiday brochures or contemplating a return to work after furloughing or enjoying a hug and the opportunity to see family and friends face to face again without a mask. Whatever it is that you are most looking forward to, "when this is all over" (or certainly periods of lockdown) there are positive things that we have discovered about ourselves and others that we don't want to lose, that will hopefully continue to give us a deeper appreciation and commitment to community life and living.

We are blessed in our communities with centres of community mingling, hospitality, retail, education, heritage and worship and although most has been closed for periods of time, as things open up again gradually, I pray that we will continue to support the local and make our contribution to the well-being of all who are associated with our communities. Our church buildings may have had to close for much of the last few months due to Government regulation and latterly social distancing needs, but the active prayer and availability for pastoral support has not stopped. We look forward to opening when we feel it is safe to and to work with our wider community to mark these times we have been living through and for us to look forward.

There will be a time to rejoice, but it is also important to reflect, lament and grieve for what and who we may have lost. We would like to enable you to help us to plan how we can say thank you, as a community, for those who have cared for us, supported us and been there for us- as essential workers, but also our neighbours and friends. Perhaps in the early summer we could gather to think about how we can move together and mark the past and look forward to a 'new normal' with hope in our hearts.

As we move into Lent and prepare for Holy Week and Easter, perhaps it is not so much about giving up things such as chocolate this year, for we have all lost so much already, but about allowing ourselves to know and feel God's strength, peace, reassurance and love that will enable us to not rush headlong into the light ahead, but to reflect on the life and love God shares with us that lifts us from suffering, sorrow and death into a foretaste of heaven that is not about vulnerability, fragility and despair, but joy, hope, peace and love.

May God bless us all as we receive our vaccination and take our first steps into a brighter future and begin to pick up life, whilst reflecting on a resolution that life might just be a little stress free with less time poverty and the opportunity to appreciate and value loved ones, our neighbours and our community.

Every blessing

Canon Tony

Welcome, everyone, to the February 2021 edition of the Good News magazine. This edition is a bit different to the others in format. Due to the restrictions, it was decided to produce a simple A4 series of articles that can be downloaded. These will be available on the following e-mail addresses – enquiries@medwaycentre.co.uk; www.bakewellmethodist.org.uk; www.bakewellchurch.co.uk; allsaintshassop.org; townclerk@bakewelltowncouncil.gov.uk site; and, as a last resort, theresanuttall217@btinternet.com. (On the church sites type 'good news' in the search space at the top of the page). Care homes will receive printed copies. If you or yours cannot provide an internet connection, please ask either a friend to help or if you still cannot obtain a copy ring 01629 813619.

When we were thinking about this edition, drawing a line under 2020 seemed to be a good idea. Start afresh, we thought. Then, after talking to several people, it was obvious that we couldn't ignore this very different year and the unique Christmas we had all just lived through. 2020 will be one of those dates that pupils learn at school, along with 1066, etc. In 30 years time, if you are young enough, your grandchildren will be asking you to go into school and tell their school friends about life in 2020 and living in lockdowns. I wonder what you will say. Some of the main things may be the care we gave each other, the way the earth recovered when people stopped polluting the atmosphere, standing outside clapping in all weathers, getting to know neighbours, etc. The most remarkable difference was Christmas Day. We crammed such a lot into the day – we talked to each other, we played games and everyone joined in, everyone helped with dinner, nobody disappeared upstairs with a mobile, nobody went to sleep after listening to the Queen – everyone was going to use every minute they had together. Everyone, young and old, that I asked said it was the best Christmas day they had ever had as memories were remembered and funny incidents laughed at, even though everyone knew what happened. Christmas cards were shared, looking at them properly and not just checking who they were from. One lady said how her grandson had been taken by the picture of three grand men on one card, and she ended up telling him about the real meaning of Christmas and the greatest gift ever given – baby Jesus. We valued the people we were with and recognised how much they meant to us.

I also received some of those 'too good to ignore' articles.....

Terry Nuttall

BAKEWELL TRAVELLING NATIVITY

Thursday 17 December was a beautiful day. Blue sky and sunshine, as was Saturday 19 December. However, Friday 18 was dark, wet and very windy. But despite this, the intrepid travellers of Bakewell Churches Together, donned their Nativity costumes and set off to take the Nativity story to the people of the Moorhall Estate. The trailer held the crib, Mary and Joseph, and a shepherd, with wonderful lights all around.

A number of brave folks came outside in the pouring rain to join us and, socially distanced and with face masks adorned, we were able to sing carols. The Kings present of gold also contained foil covered gold coins – very well received by the children who came outside to join us. Other people waved to us from their open windows and Jenny Cauldwell and her daughter Helen joined us sporting umbrellas edged with battery lights! It was so wonderful to take this witness around the streets.

Joan Carr



THE SPIRIT OF CHRISTMAS

I have a list of people I know all written in a book,
And every year at Christmastide I go and take a look,
And that is when I realise that those names are a part,
Not of the book they are written in but of my very heart.
For each name stands for someone who has crossed my path sometime
And in that meeting they've become a treasured friend of mine,
And once you've met some people, the years cannot erase
The memory of a pleasant word or of a friendly face

So, when I send a Christmas card that is addressed to you,
It's because you're on that list of folk I'm indebted to.
And you are one of many folk who in times past I've met
And happen to be one of those I don't want to forget.
And whether I've known you for many years or few,
In some way you have a part in shaping things I do.
This is the spirit of Christmas, that forever and ever endures,
May it leave its richest blessing in the hearts of you and yours

Anon



Mary's Yes

Everything hinged on Mary's Yes.
She could have said No; she was disturbed.
She was afraid. But she said Yes.
And in that moment of her Yes,
In that particularity,
The world was changed forever.

Anne Shimwell

Children say it as it is.

I read about a little girl who came home from school with a Christmas card for her grandparents. On the front was picture of a lady with a baby and a rather plump man. Her granddad said, "I can see Mary and Jesus, but who is the rather large man. In a 'of my goodness' voice she told him that in the picture was Mary with baby Jesus and Round John Virgin!!

Terry Nuttall

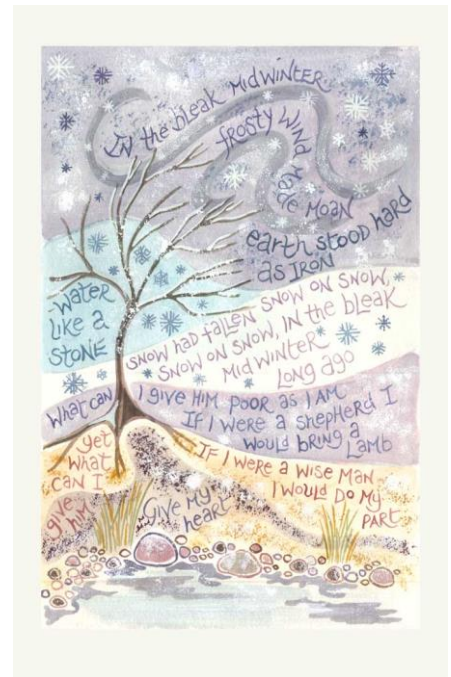
Do you have a favourite carol?

My favourite carol is “In the Bleak Midwinter”, which is a poem written by Christina Rossetti. She tells the story of Christ’s birth so beautifully and lovingly, but it is the last verse that I particularly like:

“What can I give Him, poor as I am?
If I were a shepherd; I would bring a lamb;
If I were a wise man, I would play my part:
Yet what I can I give Him: give my heart.”

What better gift could there be?

Juliet Peel



Christmas Parcels.

For 26 years, a group of isolated and lonely people, who lived on their own, would count the days with rising spirits as they looked forward to the 25th of December when they knew they would have company and share with friends the appetising dinner that would be provided by Christine and David Down and Heather Thomas. Sadly, Christmas 2020 looked as if it was going to be a sad and lonely one for the group who had already been isolating for months until Heather shared an idea at a Bakewell Churches Together meeting. She suggested putting a small hamper together for all the people who would normally be sharing a dinner. As a result, 60 hampers were given out to some very grateful people.



This was a community effort to let people know they were not forgotten. Churches, shops, schools and individuals were all involved. Spar and the Co-op gave vouchers that were used to buy tins of ham and salmon, cheese and biscuits; the schools provided Christmas puddings, crackers, a handmade Christmas cards and a gift; the Church congregations from all four Bakewell Churches and the general public donated tea bags; money donations bought chocolates, boxes and linings at cost price from a local stationery supplier and to finish the hamper, Christine and Heather made sure that there were enough mince pies and Christmas cake to complete each box.

Bakewell Churches Together also prepared a greeting for each box, together with a small gift and a CD of a Christmas service. Heather felt that we needed to show our love and care for those who were vulnerable and lonely in these challenging times. The support of the local community was magnificent, so much so that Heather received more than was needed and all surplus donations and cash were given to the High Peak Food Bank.

Terry Nuttall

The Sewing Box

I remember Christmas when I was very small.
How happy we were, though we hadn't much at all.



Dad made me a sewing box from some scraps of wood.
He painted it silver; it really did look good.

Mum gave me material and soon the box was full.
A pincushion made from velvet, knitting needles and some wool.

Today, I'm almost 80, but I still knit and sew.
All because of a little box they gave me long ago.

Marjorie Gregory

St Anne's Church Over Haddon

We are probably at the lowest point of the coronavirus pandemic, in the middle of bleak midwinter and with several weeks of social isolation and an overstretched health service ahead of us. But there is hope – the six darkest weeks of the year are behind us, days are lengthening and there are already snowdrops in flower and the green shoots of daffodil bulbs in the gardens to remind us that Spring is not far away, and, above all, vaccines are being rolled out to give us some protection from the killer virus. Perhaps things will never get back to the “normal” that we remember but a new kind of “normal” - maybe a better one – will come about.

St Anne's church is again shut – even on Sundays this time – until mid-February at least. But we did manage to celebrate Christmas. The church was decorated as usual and looked lovely. We must thank the ladies who did the windowsills, Christine and Martin for doing the tree, and Karen and Mark for the stunning porch display. Nearly fifty members of our community joined in the singing of favourite carols outside the church on the Sunday before Christmas, - socially distanced of course! - with our curate Brenda Jackson saying an opening prayer. The weather was kind and many of us filed through the church afterwards, past the nativity scene on the font, to enjoy the decorations. Some also came to the short service on Christmas Day morning, which was the last service of 2020. We don't know when the first service of 2021 will be yet.

We are fortunate to live in a community where we look out for each other and most of us can keep warm and get enough to eat. Inevitably, at this present time, the numbers of people in the wider community who struggle to afford to buy enough food continues to grow, and we are still collecting donations for the High Peak Food Bank in Buxton. Please put anything you can in the way of non-perishable groceries, in the large white box in the church porch. Zena Hawley will store the donations in church until Fran Thompson can take them to the Food Bank.

So, stay safe and take care. Take your daily walk and exercise your mind with the on-line quizzes!

Roger Truscott

This is Wilson. He is now working from home 😊



What do you remember most about 2020? Good things or bad? What is your overall feeling? Do you recall all the caring that took place between neighbours and by people who came to work to cook meals for those in need, those who did their jobs so the bins were emptied, shops were able to function and deliveries were made, to name a few, or can you only focus on the unpleasant side of things? It's all too easy to be half empty instead of half full, to be wise in hindsight and to apportion blame unfairly. What we really need to do is identify what it is that we hope will continue, e.g., will we still be looking out for each other during 2021 and still in 2031. Wouldn't it be worth having lockdowns and inconvenience if we become a better community that continues to pull together and care for our piece of the world in the way God intends? Bakewell's history contains examples of how some people have looked after the less fortunate in times gone past. The Alms houses are an example of this. We still do have people and groups who work for the better good of the Bakewell area and its people. Let's pray that they get started up again and that other new initiatives follow, then all we went through in 2020 will not have been wasted.

Terry Nuttall

St. John's Hospital - Bakewell Almshouses

Almshouses in Bakewell were first created in 1602, by John Manners (later Sir John) who was the second son of the first Earl of Rutland. John was a major benefactor of Bakewell and also a friend of Bess of Hardwick - they had some grandchildren in common. Bess persuaded John to establish some homes for Bakewell people in need, just as she had done in Derby.

For many years only local, poor and single men were housed in a converted chapel building on the site of the Old Town Hall, in Bakewell's original town centre. The traceable deeds refer several times to "local poor people of Bakewell," but a convention for male residents developed.

By 1709 another John Manners (great grandson of the founder) had been created Duke of Rutland and he remained involved with the charity. He decided that after 100+ years a new building was needed and a terrace of six cottages was built, facing what is now South Church Street. The cost, including a re-build of the adjoining Town Hall, was £210 (shown in the 1710 accounts).



Externally the building is little changed from 1709, with six front doors remaining even though there are now just three homes.

The Manners family continued to have ultimate responsibility for the entire building until 1920 when they gave it to the trustees of the charity. The building was 'listed' in 1951. Financial difficulties led the trustees to sell the Old Town Hall by auction in 1966. It fetched £1,137.

By 2001 the trustees faced a string of challenges. The structure of the almshouse building and some disgusting facilities inside meant it was unfit for habitation. It was closed, with many not expecting it to re-open for its original function. Unacceptable and confrontational behaviour by two residents was another issue. To their credit the trustees had given the men shelter when no other agency or council would offer any support.

The charity had no income or capital and had to finance two court cases. Chesterfield County Court eventually granted an eviction order against one resident, with the judge begging the local authority to find accommodation that could cater for a psychiatric condition. Another recurring court case was needed to recover two upstairs rooms, used for storage by a local retailer. He did leave, tardily and reluctantly, and but as a protest he left with the original oak floorboards. More court time, and delay.

Urgent attention to reconnect ceiling joists to the front wall, and fit tie bars, added to the costs trustees had to budget for in their fund-raising activities for the restoration. Individuals and grant makers were reluctant to donate while there was no evidence of progress.

Very many hours of tracing possible donors, writing begging letters, completing application forms and telephoning brought some progress and hope. But then trustees had to face the calamity of the builder's liquidation. His financial viability had been checked via an Experian search, which could not predict two of his customers would default. The resolve to complete the project could not be shaken. Time, effort and energy of volunteer trustees did resurrect and complete the rescue and restoration - amongst steeply rising costs, and without the need for a mortgage.

This really was a good news story, completed when residents moved in from January 2007. Having moved in, and created amazing homes and gardens, they have all insisted they do not wish to leave to go anywhere else. The final cost was £325,000 (originally anticipated at £185,000), it was all paid for within 3 years and the charity is financially viable again.

The original six 'one up and one down' cottages are now three thoroughly modernised homes, each with central heating, a kitchen, two living rooms, a bedroom and two bathrooms so a resident can live downstairs if necessary. External earth closets, rising damp, candle or rush lighting, absence of drains and of an internal water supply are confined to history. Original beams, panelling and fireplaces were uncovered, and retained, combining sympathetically with modern facilities.

From the middle ages, support for those in need came only via churches and benefactors, for whose afterlife the almshouses residents were expected to pray. Early residents received small payments and clothing – and were subject to some very strict behavioural rules. With the coming of the welfare state and pensions, today's residents make maintenance payments to the charity for their accommodation - a lower amount than council house rent.

Part of Bakewell's historical and architectural heritage has been saved. Several understanding and kind organisations have presented awards to the charity for the restoration, the most significant by HRH Prince Charles, patron of the Almshouses Association. You can see his brass plaque, complete with Prince of Wales feathers, on the back wall of the Old Town Hall, overlooking the front garden of the adjoining almshouse.



HRH with Adrian Russell, architect, Tony Short, Chair, and the clerk, in 2009.

(PS. In case you were wondering.)

- St John's *Hospital* implies none of the services available at Calow or Hallamshire. The old English word 'hospitale' meant a lodging house, a place where travellers could get overnight hospitality.
- And today, yes of course women and married residents are welcome but, be warned, no waiting list is kept as vacancies are so rare. If one does arise it is advertised.

Mike Hillam, Clerk to Trustees



The Hands of Jesus

Jesus's hands were kind hands doing good to all,
Healing pain and sickness, blessing children small,

Washing tired feet and saving those who fall,
Take my hands, Lord make them quick to work for all.

Marjorie Gregory

Buxton Foodbank

Bakewell area collections started in December 2011 after a visit by Rev David Briggs to the newly formed Buxton foodbank. They are located in the United Reformed Church, Hardwick Square East, Buxton SK17 6PT and was initially The Buxton Night Stop but had to expand into being a foodbank as well with the financial crisis around 2009. Initially titled The High Peak Foodbank it has since been re-titled The Buxton & District Foodbank. They serve the area of North Derbyshire including Buxton, Bakewell and Hope Valley localities and in 2017 gave out over 25,000 emergency meals to over 1,200 people. All 'customers' are referred to them by official organisations such as The Job Centre, Citizens' Advice or local GP's although if any emergency need turns up on the doorstep, they can be given a 24-hour emergency pack and then referred to an official organisation for referral. With the Covid-19 outbreaks the demand on foodbanks generally has increased dramatically and Buxton is no exception The Night Stop continues in a separate location provided emergency shelter for those on need. The Foodbank and Night-Stop are staffed by a mixture of volunteers and paid staff. For a few years, the salaries were paid via a Lottery Grant, but this has since ceased in March 2019 and they are now reliant on donations, plus seeking grants from wherever they can. They also run 'The Zink Project' which looks to assisting people back into work with training where appropriate.

David and Christine Down started collecting for the foodbank at Bakewell Methodist Church, but after a couple of years this was extended to include Bakewell Co-Op and the Bakewell Library. Donations are collected from all three locations and consolidated before taking the proceeds to Buxton. Currently, during Covid19 restrictions, only the Co-op collecting point is open and we need to empty their basket at least twice a week. The Church and Library points will re-open as soon as it is possible.

Items required by the foodbank are any long-life donations (preferably with at least one month shelf life remaining) including toiletry items as well as food items. Any items which are short on shelf life or are undated cannot be given out but are made available to customers to help themselves if they wish to take them. This would include such items as home-made jams which are labelled, but undated, and any item reaching the end of its shelf-life or Best Before Date.

Cash donations are always welcomed as they enable the staff to purchase those items they are short of. Donations can be made either through the Bakewell Methodist Church Treasurer, Mr David Down by cheque (made payable to Bakewell Methodist Church and endorsed on the reverse 'Buxton Foodbank') or cash can be sent to:

Mr David Down
'Wye View', 13 Castle Mount Crescent, Bakewell. DE45 1AT
01629 812792 (Call Minder secured)

or direct to:
High Peak Foodbank, Royal Bank of Scotland, High Street, Buxton SK17 6EU
Account No. 10157950 Sort Code 16-15-17



Bakewell Methodist Church

Rev Adrian Perry, The Manse, Bakewell.

01629 812195

(email: superintendent@peakmethodist.co.uk)

Mrs Heather Thomas, 1 Holme Court, Bakewell

01629 813824

The Peak Circuit took the decision at the beginning of the January lockdown for all its Churches/Chapels to remain closed for a month and then review the situation. It subsequently voted to extend this for February also. The thinking was that as everyone is suffering with being isolated from friends, family and activities generally and unable to mix together, then our Churches too would play their part in trying to keep the virus at bay wherever possible.

However, the Methodist Church is far from closed! Weekly resources are sent out online and printed for those without Internet provision – and a weekly Circuit service takes place on zoom each Sunday at 6pm which is very popular and gives congregations a chance for online fellowship during these difficult days.

In line with many during lockdown our Pastoral Leaders and individual members continue to support each other with regular phone catch-up which we know are a highlight for many – and we continue to hold each other in prayer.

Heather Thomas

All Saints Church, Hassop,

Fr. Hugh Davoren. (email: all.saintschurch@btconnect.com)

01629 640241

Mrs. Sarah Carter. (email: office.allsaints@btconnect.com)

01629 640241

The Catholic Church in Hassop continues to have public Masses on Sunday and Wednesday mornings at 10am and on Saturday evenings at 6pm. Only a limited number can attend so people have to book in advance. Stewards are on duty to welcome people and show them to their allocated seats, they also sanitise the church after the Mass. Fr Hugh is also available for the Sacrament of Reconciliation- Confession - by appointment. More details are available on the parish website - www.allsaintshassop.org.

Juliet Peel

All Saints, Bakewell and St. Anne's, Over Haddon

Canon Tony Kaunhaven (email: jazzyrector@aol.com)

01629 814462

Rev Brenda Jackson (email: rev.brendajackson@gmail.com)

The church is open from 9am – 4pm for private worship and prayer and morning prayers at 9 – 9.15am. there is also the Daily Word online and phone. There is a service at 10.30am alternating between All Saints Church at Bakewell and Holy Trinity in Ashford-in-the-Water.

TN

Bakewell Quakers, The Meeting House, Chapel Row, Bakewell.

(email: bakewellquakers.org)

Bakewell Quakers decided in January to suspend the blended worship which had been taking place once a month in the Meeting House and to meeting for worship on a Sunday morning on Zoom. All are welcome to join the Meeting for Worship at 10.30 am followed by News and Notices at 11.30 am. If you would like to do so, please contact the Clerk via the website. She will be happy to provide details of how to join the Zoom meeting.

Gill Tishler

In the September 2020 edition of Good News, we mentioned that the Town Council looks after some important parts of Bakewell's setting. This includes Scot's Garden, Sheepwash, Parsonage Field, Catcliffe and Endcliffe and a section of Ball Cross Woods. This article seeks to show how, through working in partnership with other bodies, these special places are managed.

Parsonage Field

Repairs and renewals of the field walls are currently underway using traditional methods. The work is partly funded through a Land Management and Farming Grant from the National Park Authority and should be completed by Easter. Early in 2020 successfully applied to Woodland Trust's "Free Trees for Schools and Communities" programme and recently received 210 saplings, a proportion of which will be planted at Parsonage Field in the coming weeks. These will mainly go around the field edges and in the difficult to maintain area of the former quarry. Eight feature oaks will be planted and caged within the field. It is stressed that the aim is to enhance what is there, not to turn it into a wood. The plan also includes measures to undertake a once-a-year mowing after the wildflowers have seeded, with more regular maintenance keeping the paths clear.

Scot's Garden

With Haddon Estate (the riparian owner) we are working on a project that seeks to address the erosion of the riverbank. It has been suggested that this might be achieved through the use of pre-planted coir matting roll, and in areas of high erosion by rock roll with an element of backfill. The aim is to use natural methods, commensurate with the setting, to deliver the goal effectively. The total length of the riverbank to be treated is approximately 130 yards/120 metres; therefore we are seeking grants to fund the work. We will publish further details as this exciting project develops.

Elsewhere in the field some wildflower sowing will take place in the spring. Similarly to Parsonage Field, the main areas will receive an annual mowing whilst the paths will be cut more frequently. Our intention is to manage it as a meadow without restricting the diverse spectrum of uses it enjoys over the year.

Tree and woodland management

Managing our woodland is a long-term project. Last year we undertook a professional tree survey in order to gain a better understanding about the health of our woods and their management needs for the future. This has led to the felling of a small number of dying or diseased trees, these have been left in place to provide habitat for invertebrates and fungi. With about one fifth of Britain's invertebrates depend on dead wood to survive, they will provide a great resource for insect-eating birds.

Ash dieback (*Hymenoscyphus fraxineus*) is an increasing concern, and we are currently investigating the selective removal of affected ash and their replacement with appropriate native species.

Ensuring that we undertake our role of environmental stewardship seriously, even in these difficult times, will ensure that they can continue to be enjoyed by today's, tomorrow's and future generations.

Council Meetings

Generally held on the first Monday of the month, starting at 6.30pm meetings are open to the public and representations can be made during Public Speaking. Joining instructions should be requested from the Town Clerk.

The dates of the next meetings are: Monday 1st March

Monday 29th March (moved due to Easter)

Wednesday 5th May (moved due to the Bank Holiday)

For more information about the Council see www.bakewelltowncouncil.gov.uk

email townclerk@bakewelltowncouncil.gov.uk or write to us at The Clerk's Office, Town Hall, Bakewell DE45 1BT Telephone 01629 813 525



Bakewell Rotary News

As for most, 2020 has been a particularly difficult year for Bakewell Rotary.

Despite the virus we have continued to hold regular meetings, albeit via Zoom. Some members do not have the technology to access these meetings, although one does join us by telephone link. Others are kept updated as part of our regular checks on members health and welfare.

Our traditional activities have suffered - so, no Duck Race at the May Bank Holiday, or Brass in the Park in Carnival Week. Sadly, our income has reduced as a result as has the benefit we regularly provide for charities.

Despite the curtailment of our usual fund-raising activities, with a carryover of donations from last year, we have been able to offer support to our local community. In particular, the President's chosen charity this year is Helen's Trust which with their recent partnering with Blythe House, allows us to support a vital local service in these challenging times.

Additionally, our Club provided significant support to the Jigsaw Food Bank based in Matlock and more recently provided over 30 nest boxes to local organisations (schools, care homes, youth groups and churches) in the hope that in the spring, nesting birds will bring some joy in otherwise bleak times. We await reports of hatching chicks all over Bakewell!

With the worsening news of spreading virus in the immediate run up to Christmas we felt it only right to cancel our indoor collection in Aldi, but we are grateful to the local management who were happy that a collecting bucket could be left with them. Santa, however, did appear, accompanied by his sleigh and helpful elves and just over £550 was collected, some with the assistance of 'tap and go' card technology, and of course the very generous folk of Bakewell.

We continued our support of the All Saints Christmas Tree Festival which included decorating our tree with a myriad of Rotary roundels kindly 3D printed by a tech-savvy member.

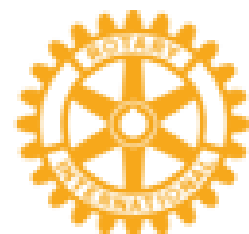
The Rotary Wishing Well in Bath Gardens has been repaired to rectify a noticeable 'lean' and, on cleaning out, we retrieved several buckets of rather dirty coins! A marathon count ensued which resulted in £1096.70 being banked. This will be added to other collections and used for local charities.

To end with 2 pieces of good tidings for our club.

Firstly, the very heartening news that one of our club members, Roy Pickles, was awarded a British Empire Medal in the Queen's Honours list. This was in recognition of Roy's long-standing support for the Buxton community - thoroughly deserved and a welcome piece of good news. And finally, 3 new members, Mark Wakeman, Marion and John Gerard joined our team.

So, despite the virus's best efforts to hold us back, we have continued, through challenging times, to offer service and support to the local community.

Would you like to find out more about Rotary Bakewell? Please contact our Club Secretary, Carol Clegg 01629 57445 or carol_clegg@hotmail.com





Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Bakewell's Old House Museum and Hopes for 2021

The Bakewell and District Historical Society charity who run the museum were set up in the 1950's to look after the house and open it to the public after it was saved from demolition by a group of local people. It has since then been an ever-developing centre for people to find out more about the history and people of the town, to be surprised by its curiosities and to enjoy social and musical fundraising events in a wonderfully atmospheric building. The Old House has seen many hard times in almost 500 years of playing its part in the history of Bakewell. 2020 was one of those hard years.

Sadly, the Society only managed to open to the Old House to the public for 24 days last year, instead of its normal 7 months or so. However, with the help of a government grant and a successful bid to the Arts Council Emergency Fund, the museum team are looking forward to opening again on 25th March 2021 with more stories to tell.

The House, first created in 1534, is a special place which features a Tudor parlour with witches (apotropaic) marks and a Victorian kitchen plus many other atmospheric rooms packed with wonderful costumes, old toys, miners' equipment, medical instruments, war memorabilia, police truncheons, stories from the town's past and more. The stories behind our fascinating collection are now even more fun to discover as thanks to the Arts Council project, visitors will be able to hear and see more about the house through their mobile phones while they walk round by pointing their phones at a series of "QR" barcodes.

In addition, our manager and busy team of volunteers and trustees have created a new website for the museum and the history society. A series of short films recording aspects of the impact Covid 19 has had on Bakewell are now ready to view on the site. You may well recognise some of the town's well-known personalities on the films and be inspired by how they adapted to all the limitations we have had to endure!

Our visitors often tell us how much they have been surprised and delighted with the range of the collection and how much of it is not displayed in glass cases. Children enjoy playing with the old-style games in the courtyard and even well-behaved dogs are welcomed in too! The volunteers enjoy explaining some of our stories to visitors and also help out behind the scenes and at events.

If you enjoy engaging with visitors and want to learn more about the town's history while having an enjoyable new hobby, do contact Anita, our friendly and welcoming manager who can explain how you could lend a hand as a volunteer or as a member of the society.

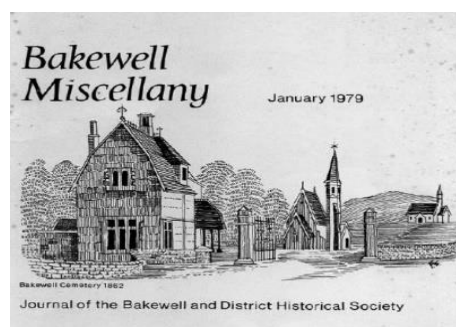
See the Covid Films on our website

www.oldhousemuseum.org.uk

Contact us on 01629 813642 or email

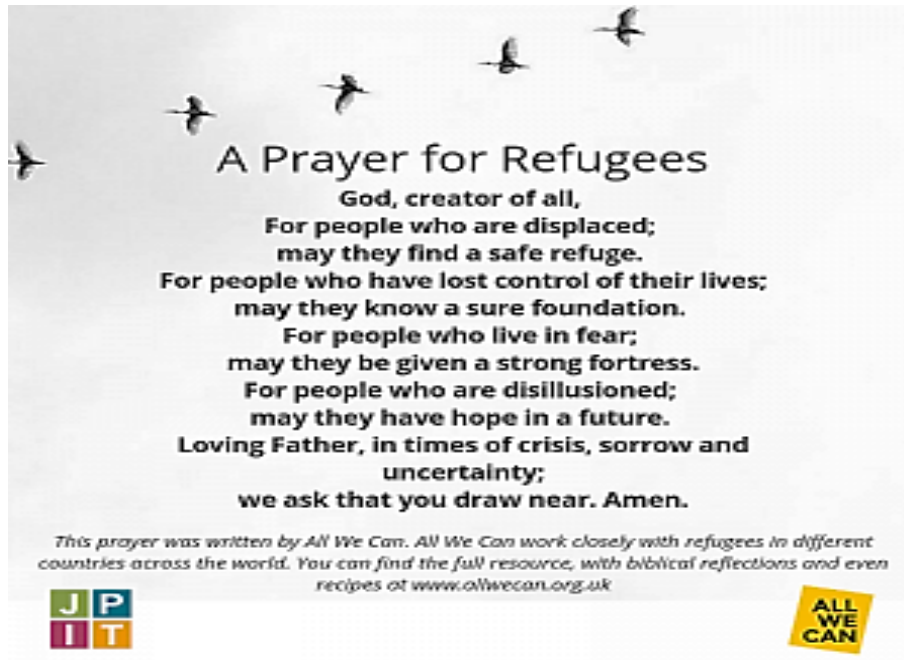
oldhousemuseum@bakewellhistory.com

Adrian Wills - Museum Chairman.



Bakewell area Asylum Seekers and Refugees Programme

February 2021



The Joint Public Issues Team represents a joint approach to public policy information, campaigning and advocacy on the part of several Christian denominations in the United Kingdom.

It was formed in 2007 by the Baptist Union of Great Britain, Methodist Church of Great Britain and the United Reformed Church.

Please note that the clothes collections for Sheffield refugees which should have taken place in January has had to be postponed because of COVID-19.

David Clark

Christian Aid

Our normal fundraising activities have been almost impossible this year. Nevertheless, we have managed to send £1000 for the work of Christian Aid. This sum has been the result of personal collecting boxes, sale of cards, several generous donations, money from the couple of lent lunches that took place before lockdown, and a gift from the Parish Church.



I also know some people have standing orders for Christian Aid or have sent money direct.

The demand from all charities this year has been relentless both for charities at home and abroad, and it is quite natural and right to want to support those at home during these difficult times. However if we think we are having a difficult time, let us not forget those in countries less fortunate.

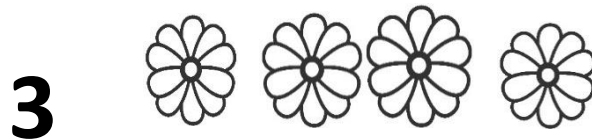
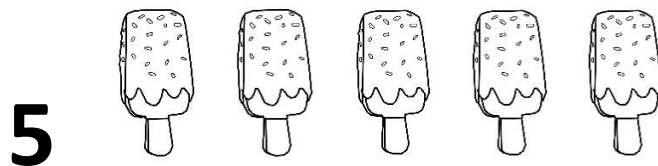
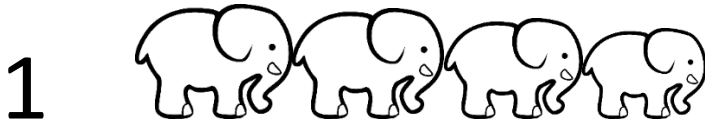
‘Give us the vision to help the poor and broken of our world.
Bring Justice for every Nation. Bringing action of love.’

We look forward to your support with our fundraising activities once they can be resumed.

Pat Bascombe

We have included, in this edition, a few pages for younger readers. We ask parents to explain to their children what they need to do and help them if necessary. Thanks. (NB, If anyone wants to make up some adult puzzles, please send them to me at theresanuttall217@btinternet.com)

Colour in the right number of shapes:



Fill in the missing numbers:

1		3		5
---	--	---	--	---

	2	3	4	
--	---	---	---	--

1				5
---	--	--	--	---

		3	4	5
--	--	---	---	---

FUN WITH WORDS

What's the Next Word?

eg Tick - Tock

1. Ding _ _ _ _ _
2. Henny _ _ _ _ _
3. Wibbly _ _ _ _ _
4. Chicken _ _ _ _ _
5. Jingle _ _ _ _ _
6. Pitter _ _ _ _ _
7. Curly _ _ _ _ _
8. Flip _ _ _ _ _
9. Teeny _ _ _ _ _
10. Splish _ _ _ _ _

THIS IS HARDER!

Find a word that ends the first word and begins the second

Eg. Red.....**TOMATO**.....**Ketchup**



















1. Toffee _ _ _ _ _ Pie
2. Cup _ _ _ _ _ Game
3. Mobile _ _ _ _ _ Box
4. Garden _ _ _ _ _ Killer
5. Football _ _ _ _ _ Box
6. Wrapping _ _ _ _ _ Clip
7. Face _ _ _ _ _ Shelf
8. Father _ _ _ _ _ _ _ _ Card
9. Guinea _ _ _ _ Tail
10. Door _ _ _ _ _ Bars
11. Choc _ _ _ _ Cream
12. Toy _ _ _ _ _ Station
13. Thank _ _ _ _ Tube
14. Cat _ _ _ _ _ Jack
15. Gate _ _ _ _ _ Box
16. Tee _ _ _ _ _ Collar
17. Lead _ _ _ _ _ Case
18. Hulley's _ _ _ _ Stop
19. Egg _ _ _ _ Final
20. Black _ _ _ _ _ Spell

What are the missing numbers?





3	9	12		24	16	40
4	6	10		?	?	21
7	15	?		31	30	?

What are the shapes worth?

Find the answer

	+		+		=	36		+		-		=	
	+		+		=	28		-		+		=	
	+		-		=			+		-		=	

Write your answers below so you don't forget.

	=			=			=			=	
---	---	--	---	---	--	---	---	--	---	---	--

Make some up for someone else to do

						=	
						=	
						=	
						=	



SPRING WORD SEARCH



O	N	Z	F	L	O	W	E	R	S	E	R
Z	E	A	N	E	C	H	I	C	K	S	O
P	W	P	M	Q	U	R	A	L	P	R	S
E	L	R	A	S	P	R	I	N	G	L	E
F	I	I	Y	B	U	N	N	Y	R	Z	E
G	F	L	G	R	O	W	T	H	C	F	D
O	E	T	F	L	E	W	M	R	E	P	L
N	C	R	O	S	A	T	O	A	N	G	I
P	A	N	G	N	S	A	R	M	R	C	N
Z	O	G	I	E	T	S	H	O	N	C	G
Y	E	R	N	F	E	H	A	T	C	H	H
O	M	A	M	A	R	G	R	E	E	N	F

APRIL
BUNNY
CHICKS
EASTER
EGGS

FLOWERS
GREEN
GROWTH
HATCH
MARCH

MAY
NEST
SEEDLING
SPRING
NEW LIFE

Hopefully, everyone is looking forward positively to the coming months when we can return to friendlier times and enjoy simple things like having coffee with friends. However, we must try to keep some of the new things that we learnt during lockdown. For example, using the internet to keep in contact with each other, especially isolated and lonely people or folk living a long way away. The Zoom and streamed services have also become very popular as, once again, people turn to God for help, and, being a loving God, He welcomes everyone back with open arms, willingly. Perhaps these internet services could work side by side with church services in the future so that people who cannot get to church, will still be able to join in services. Hopefully, when we return to normality, people will stay with the church when they realise that it is good to be with God all the time and not just in troubled times.



The following articles are looking towards the future. There is also one about Pilates because we will definitely need help to get fit again after all this sitting about!!

Terry Nuttall

Looking Forward

What are you looking forward to when Covid goes away?
It depends upon your stage in life, your 'situation' you might say.

For little tots, a grandad's hug, a grandma's warm embrace.
For teens and on, permission to meet 'sans mask', in any space.

To know that school is 'on' each day, lessons taught in class,
Teachers there, a structure... exams to take and pass.

At Uni, won't it be just great to spread your wings and fly;
To study and to party with new experiences to try.

For many folk of working age, furlough will disappear
To be replaced, we all do pray, with steady jobs, not fear.

For men and women of older age, to get out of the home!
To meet, to sing, to dance, to shop, free to walk and roam.

For me, I long to hug my son, I look forward to sit by Mum,
I long to sing a hymn in church..... I KNOW that day will come!

Christine Franklin

BAKEWELL U3A CRAFT GROUP

On the subject of Hope...Bakewell U3A hope to embroider a Time Line Tapestry ... we had hoped to have started it already but of course, like a lot of ideas, it is on hold...we have already received wonderful illustrations for the panels from Sue Hudson, generous donations to help pay for the materials, offers of help in many forms. All we need now is the all 'clear' to be able to get together and put needle to material. I hope, when it is finished all of Bakewell, young and old, will come together and enjoy it.

Gill Roberts

gill@kimberwood.net

01629813414

The Family who received the Doug cow

Ntizihabose Emmanuel 38 years, his wife Nyiramana Sarah 28 years, their children Uwase Divine 10years, Uwamahoro Aline 8 years, Ntizihabose James 6 years, Umuhuza Innocente 3 years, and Ganza Elisa 1year all live in Jenda where they were born. Emmanuel's father died in 1994. His mother died in 1998 after a long illness which led the family to sell all the property for her treatment. Emmanuel has one brother and two sisters who all live in Congo (DRC). The sisters have husbands there. In 2007, before going to Congo, his brother fought with another boy. When Emmanuel stood between the two trying to pacify them, his brother accidentally struck him in the eye with a knife. He was taken to hospital where the eye was removed. He sold his property to pay the bill and was left with nothing. Their life has been one of working for other people to be able to buy food and pay the rent, as they didn't have a house. Emmanuel goes around looking for anybody having any land to cultivate or looking where they are building houses to serve as an aide to builders. His wife washes carrots for people who sell them. There is a washing place where carrots from gardens are washed before they are taken to markets. Recently, the family was able to purchase a small plot (10/15 m) and they built a house there. They have been living there since last May. It is a two-bedroom house with a small sitting room. They cook outside and when it rains, they cook inside. The house is not finished but they are satisfied, and they hope to continue making it better. Emmanuel said that receiving a cow is like being visited by God. They are very grateful to Lynda's family for the gift of a cow which they say is a gift of love to somebody unknown. They said that today they have started the journey out of poverty. They promised to raise the cow well and to pass on the first calf to another needy family.



From a member of Litton Chapel

Why is Pilates Good for my Back?

There is a reason why GPs, Physics and Sports Therapists are so quick to recommend Peak District Pilates for a bad back: it works! **Here are my 4 reasons why:**

Correct Postural Alignment

Ever had a postural assessment? Ever looked in the mirror and looked kind of 'wonky'?

'Wonkiness' in any plane of movement creates excess effort through certain parts of the body – whether that be knee, hip, back or shoulders – simply because you're putting too much weight through the wrong area. Now, it's likely that this extra strain through your muscles will lead to tightness, aches and fatigue, which can eventually pull your skeleton out of place on a semi-permanent basis. You can see chiropractors and physios to put your skeleton right, but this can be a short-term fix. For a long-term result, it's important to understand correct alignment, whether that's your seated, standing or dynamic posture.

Learning correct alignment at a Pilates class will help you to habitually be in your optimum and most efficient position more of the time. Attending a weekly Pilates class is a fantastic reminder on how to hold your body so that your weight is distributed along your joints which will reduce the possibility of pain setting in. Your physiotherapist can also diagnose which of your muscles may need strengthening or stretching to allow your skeleton to move more easily and achieve correct alignment.

Mobility:

Your back LOVES moving! It hates sedentary positions such as desks, sofas and cars so at Peak District Pilates, I take your back through all its different movements: *Forward Bending *Backward Bending*Side Bending *Rotation. These are very simple motions which we take right to the end of our ROM (range of movement). Not only does this allow your muscles to stretch thoroughly, but it also allows synovial fluid to lubricate the vertebrae. Your joints don't have a blood supply like your muscles do, so they rely on movement to refresh their surrounding fluid for nourishment.

Core Strength:

Just as biceps couldn't function without triceps, your back couldn't function without your core. They can be loosely described as antagonist muscles; as one extends and lengthens, the other shortens and contracts, allowing for free movement and stability at their neighbouring joints, if your back is weak, inactive, or simply feeling tender, you can help it by strengthening your core. As you bend forwards, your core can take some of the strain to facilitate safer and easier movement of the back, which is known as a co-contraction.

Take a hand to your lower back right now...

It's not that muscly, and you can probably feel your spine. Simply put, our lower back muscles are actually quite thin and small compared to other major muscles, so their strength is limited. Hence, we strengthen the core (and often glutes too) to support the lower back.

Safe and Controlled Exercise:

Have you ever looked at a kettlebell or HIIT class and wondered how safe they are? I'm not here to knock other exercise classes, but I am here to promote Pilates as it's such a safe way to tone muscle. By taking our time and moving with fluidity we are aware of every muscle engagement throughout the movement. So, if you're feeling uncomfortable, you can safely stop before an injury occurs. I like to offer challenges in my classes, but these are always layered up from gentler exercises and I advocate a 'work at your own level' approach. You will quickly learn to listen to what your body is telling you, so even if you've got a sore back, you can confidently approach a Pilates class at a slower pace that your body is more comfortable with.

This isn't to say Pilates is easy! No way! Customers sometimes ask me why a movement feels easy: a little correction of their posture and they soon change their minds. In short, Pilates is great for your back. If you're unsure or nervous about a group class, book a 1-to-1 session at the Pilates studio to perfect your technique and be guided through each movement safely.

Once my lovely groups are able to recommence our bending and twisting, I'll be in Bakewell, Youlgrave and Starkholmes to bring Pilates to you throughout the whole week. I expect group members will be limited so please get in touch to check availability. You can reach me on hello@peakdistrictpilates.com or 07904 353040

Theresa

Light at the end of the tunnel

Keeping your spirits up through difficult times is not easy. One of the most-used phrases of the past few months has been “there’s light at the end of the tunnel”. It was the arrival of Covid vaccines that many doctors and politicians were referring to when they used this term in relation to the pandemic. But it’s been used in many other contexts, from recessions to Brexit negotiations. Its popularity suggests something about the human condition: that in order to keep going through hard times, and not give in to despair, we have to believe there are better times ahead, waiting over the horizon.

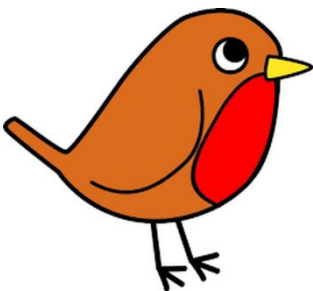
Vaccines have certainly provided such light for many people during what’s been the toughest national crisis many of us can remember. But what about the times when we can’t see that light? There was a point near the start of the pandemic when we didn’t have any assurance whatsoever that a vaccine would be forthcoming. And we all experience difficult times in our own personal lives when it’s hard to see light at the end of the tunnel. As human beings we seem to understand (and fear) that things can suddenly become very dark indeed; that we can experience awful catastrophes; the sudden change from light to dark. But it seems much tougher psychologically to believe that things can get suddenly better, especially while in the midst of a crisis.

And yet, as Christians, we are taught to look for the light. The celebrated writer and linguist J.R.R. Tolkien (a Catholic who contributed translations to the Jerusalem Bible) once talked about how we *do* in fact experience sudden changes for the better, though we tend not to focus on them. He lamented that there was no opposite in the English language for “catastrophe”, no word defined as the “sudden change from dark to light”; he even suggested one: the “eucatastrophe”. As a Christian, Tolkien identified the Resurrection as the ultimate embodiment of hope in darkness. It had seemed impossible for Christ’s disciples to see any light, any hope, during the darkness of the Crucifixion. And yet, on the third day, came the light of the Resurrection, the revelation that hope was always there, even if previously hidden.

As we move forward through 2021, let us hope and pray that the dark days of Covid will give way to a eucatastrophe of vaccine success.

Patrick Coleman

Robin



I woke up this morning and the world was all aglow,
The trees looked so lovely covered in snow,

The little Robin in his waistcoat of red,
Standing, pulling worms up, from my flower bed,

I must put out some more seed,
As he’ll be waiting for his feed.

Marjorie Gregory - Jan 2021

If anyone would like to contribute an article, a poem, something for the puzzle pages, or a ‘funny’ please send them to me on theresanuttall217@btinternet.com before the end of May 2021. Please send anything in a word document that can be edited. Thanks, Terryx

Lord, when my soul is downcast, let me pause, breath deeply and remember you. *(Micha Jaz)*

Answers:

Fun with words:

1. Dong
2. Penny
3. Wobbly
4. Licken
5. Jangle
6. Patter
7. Whirly
8. Flop
9. Weeny
10. Splash

This is harder:

1. Apple
2. Board
3. Phone
4. Weed
5. Match
6. Paper
7. Book
8. Christmas
9. Pig
10. Handle
11. Ice
12. Train
13. You
14. Flap
15. Post
16. Shirt
17. Pencil
18. Bus
19. Cup
20. Magic

Number Puzzles:

- Sun =12
Snowman = 8
Ball = 6
Car =5

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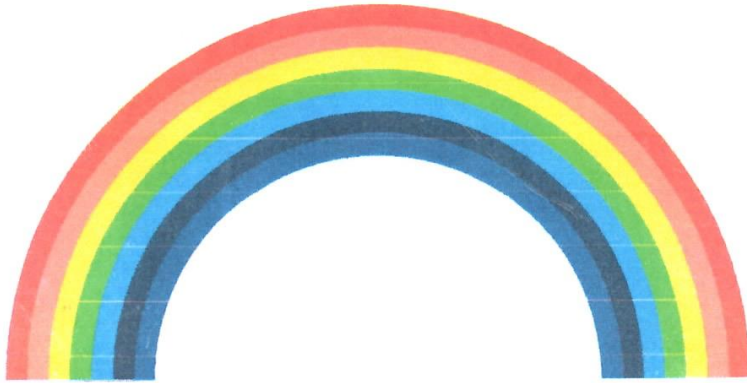
New Street, Bakewell, Derbyshire, DE45 1DY
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Looking forward to the future with Hope

From Bakewell Churches Together and the Bakewell Community
 Edition 5 February 2021